

# *Pappcott Your Pressures*

*Pray*

Ephesians 6:18; Philippians 4:6-7; Colossians 4:2; James 4:8-10

*Attitude*

Romans 5:3-5; Philippians 4:13; Colossians 3:15

*Plan*

Psalms 119:37; 138:8; Proverbs 15:22; Jeremiah 29:11-13; James 1:5-8

*Prioritize*

Proverbs 3:6; Hosea 6:3

*Commit*

Psalms 37:5; Proverbs 16:3; Colossians 1:29

*Others*

1 Corinthians 10:24; Philippians 2:4

*Trust*

Proverbs 3:5; 1 Corinthians 1:7; Ephesians 3:20; Philippians 4:19;  
Colossians 2:6; 2 Timothy 2:13; Hebrews 11:1

*Thank*

Psalms 71:14; 1 Thessalonians 5:16-18